

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div><div>Fried chicken</div><div>Ham steak</div><div>Pot Roast</div><div>Rice & gravy</div><div>Lima beans</div><div>Sweet potato</div><div>Crowder peas</div><div>Steamed broccoli</div></div> <div>1</div>	<div><div>shrimp & pasta</div><div>Pork tenderloin with apples</div><div>Fried chicken tenders & waffles</div><div>Wild rice</div><div>Cheese grits</div><div>Green beans almonidine</div><div>Roasted vegetables</div><div>Butter peas</div></div> <div>2</div>	<div><div>Roasted turkey</div><div>Mahi Mahi</div><div>Filet Mignon</div><div>Rice pilaf</div><div>Baked potato</div><div>Green peas</div><div>Turnip greens</div><div>Honey carrots</div></div> <div>3</div>	<div><div>Chicken artichoke lasagna</div><div>Meatloaf</div><div>Baked parmesan crusted red-fish</div><div>Whole green beans</div><div>Carrot souffle</div><div>Creamed potatoes</div><div>Parmesan cauliflower</div><div>Peas and carrots</div></div> <div>4</div>	<div><div>Poppy seed chicken & rice</div><div>Baked Tilapia with spinach & tomatoes</div><div>Country fried steak</div><div>Mashed potatoes & gravy</div><div>Butter beans</div><div>Marinated cucumbers</div><div>Fried broccoli bites</div></div> <div>5</div>	<div><div>Fried catfish</div><div>Pepper steak</div><div>Baked catfish Orleans</div><div>Baked sweet potato</div><div>Tater tots</div><div>Okra & tomatoes</div><div>Coleslaw</div><div>Grilled asparagus</div></div> <div>6</div>	<div><div>Baked Lemon chicken</div><div>Chicken parmesan</div><div>Steamed shrimp</div><div>Roasted sweet potatoes</div><div>Cream corn</div><div>Honey carrots</div><div>Steamed broccoli</div><div>Baby potatoes</div></div> <div>7</div>
<div><div>Shrimp & grits</div><div>Braised duck breast</div><div>Fried chicken</div><div>Stewed squash</div><div>Corn</div><div>Whole green beans</div><div>Rice & gravy</div><div>Steamed mixed vegetables</div></div> <div>8</div>	<div><div>Fried shrimp poboy</div><div>Chicken sausage Jambalaya</div><div>Pecan crusted catfish</div><div>Bacon& cheddar roasted potatoes</div><div>Fried cauliflower bites</div><div>Fried okra</div><div>Green beans</div><div>Fries</div></div> <div>9</div>	<div><div>Grilled chicken with mushrooms & asparagus</div><div>Smoked brisket</div><div>Spinach ravioli</div><div>Canned yams</div><div>Broccoli & cheese</div><div>Blackeyed peas</div><div>Steamed cabbage</div><div>Parmesan risotto</div></div> <div>10</div>	<div><div>Fried pork chop</div><div>Lasagna</div><div>Honey ham</div><div>Rice & gravy</div><div>Baby lima beans</div><div>Carrot soufflé</div><div>Sautee'd spinach & tomatoes</div><div>Baked sweet potato</div></div> <div>11</div>	<div><div>Steamed shrimp</div><div>Red beans & rice</div><div>Chicken Caesar salad</div><div>Fried green tomatoes</div><div>Buttered corn</div><div>Boiled baby potatoes</div><div>Steamed vegetables</div><div>Whole green bean almonidine</div></div> <div>12</div>	<div><div>Fried catfish</div><div>Beef tips & rice</div><div>Pork loin</div><div>Steamed cabbage</div><div>asparagus</div><div>Crowder peas</div><div>Roasted cauliflower</div><div>Dirty rice</div></div> <div>13</div>	<div><div>Turkey pot roast</div><div>Meatballs & spaghetti</div><div>Grilled honey lemon chicken breast</div><div>Rice pilaf</div><div>Fried corn nuggets</div><div>Honey carrots</div><div>Green beans</div><div>Broccoli & cheese</div></div> <div>14</div>
<div><div>Prime rib</div><div>Fried chicken</div><div>Baked chicken</div><div>Baked sweet potato</div><div>Mashed potatoes</div><div>Butter beans</div><div>Creamed spinach</div><div>Beets</div></div> <div>15</div>	<div><div>Chicken tortilla casserole</div><div>Fried chicken liver</div><div>Catfish almonidine</div><div>Black bean & rice</div><div>Roasted potatoes</div><div>Corn pudding</div><div>Fried okra</div><div>Steamed broccoli</div></div> <div>16</div>	<div><div>Filet mignon</div><div>Chicken dumplings</div><div>Redfish with shrimp topping</div><div>Baked potato</div><div>Butter Peas</div><div>Baked sweet potato</div><div>Roasted vegetables</div><div>Baked apples</div></div> <div>17</div>	<div><div>Honey ham</div><div>Turkey</div><div>Chicken cordon bleu</div><div>Cornbread dressing</div><div>Sweet potato casserole</div><div>Lima bean</div><div>Roasted Brussel sprout</div><div>Parmesan cauliflower</div></div> <div>18</div>	<div><div>Hamburger</div><div>Smoked chicken</div><div>Fried shrimp</div><div>Baked beans</div><div>Coleslaw</div><div>Whole green beans</div><div>Steamed broccoli</div><div>Tater tots</div></div> <div>19</div>	<div><div>Fried catfish</div><div>Grilled chicken taco salad</div><div>Chopped steak</div><div>Rice & gravy</div><div>Baby potatoes</div><div>Turnip greens</div><div>Marinated cucumbers</div><div>Butter corn</div></div> <div>20</div>	<div><div>Spinach & mushroom quiche</div><div>Shrimp & grits</div><div>Honey ham</div><div>Cheese grits</div><div>Hashbrown potatoes</div><div>Steamed cabbage</div><div>Crowder peas</div><div>Broccoli cheese</div></div> <div>21</div>
<div><div>Fried chicken</div><div>Grilled pork tenderloin</div><div>Baked pecan catfish</div><div>Baked sweet potato</div><div>Wild rice</div><div>Green beans</div><div>Collard greens</div><div>Blackeyed peas</div></div> <div>22</div>	<div><div>Grilled chicken</div><div>Steamed shrimp</div><div>Roast beef</div><div>Mashed potatoes</div><div>English peas</div><div>Honey carrots</div><div>Asparagus</div><div>Cream spinach</div></div> <div>23</div>	<div><div>Grilled pork chop</div><div>Chicken spaghetti</div><div>Egg roll</div><div>Carrot suffle</div><div>Roasted vegetable medley</div><div>Corn pudding</div><div>Fried okra</div><div>Peas & carrots</div></div> <div>24</div>	<div><div>Maple pecan fried chicken</div><div>Baked Pecan catfish</div><div>Honey Glazed ham</div><div>Cheese grits</div><div>Sweet potato casserole</div><div>Field peas</div><div>Turnip greens</div><div>Whole green beans</div></div> <div>25</div>	<div><div>Lemon baked chicken</div><div>Crab cake with fried green tomato</div><div>Turkey pot roast</div><div>Rice & gravy</div><div>Squash casserole</div><div>Honey Carrots</div><div>Steamed cabbage</div><div>Baked sweet potato</div></div> <div>26</div>	<div><div>Fried catfish</div><div>Smoked thighs</div><div>Pulled pork</div><div>Mashed Potatoes</div><div>fries</div><div>Collard greens</div><div>English peas</div><div>Blackeyed peas</div></div> <div>27</div>	<div><div>Grilled chicken breast</div><div>Glazed ham</div><div>Fried Drumsticks</div><div>Baked sweet potato</div><div>Steamed cabbage</div><div>Crowder peas</div><div>Brussel sprout</div><div>English peas</div></div> <div>28</div>
<div><div>Fried chicken</div><div>Baked chicken</div><div>Seafood stuffed catfish</div><div>Broccoli & cheese</div><div>Field peas</div><div>Mac & cheese</div><div>Turnip greens</div><div>Rice pilaf</div></div> <div>29</div>	<div><div>Philly steak sub</div><div>Grilled chicken tenders with honey almond glaze</div><div>Jambalaya pasta</div><div>Fries</div><div>Baked potato</div><div>Green beans</div><div>Parmesan cauliflower</div><div>Okra and tomatoes</div></div> <div>30</div>	<div><div>Steak & egg</div><div>Pork tenderloin</div><div>Grilled salmon</div><div>Baked sweet potato</div><div>Wild rice</div><div>English peas</div><div>Carrot suffle</div><div>Roasted asparagus</div></div> <div>31</div>				

