November 2026

The Orchard

Available upon request: fresh fruit, salads, NSA and low-sodium items. Our goal is to provide Quality, Safe, Nutritional meals and to try to accommodate residents' requests

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Fried chicken 1 Chicken & dumplings Baked sweet potato Brussel sprouts Baby carrots Blackeyed peas Turnip greens	BBQ Chicken 2 Cheeseburger Steamed cabbage MS Caviar Baked beans Tater tots Roasted vegetables Broccoli & cheese soup Turkey, bacon, avocado sandwich & chips	Fried shrimp 3 Jambalaya Baked potato Roasted vegetables Fried green tomato Corn pudding Turnip greens Muffalettas Seafood gumbo	Salmon croquette 4 BBQ Ribs Coleslaw Whole green beans Baked beans Cream corn Fried okra Vegetable soup Pulled BBQ chicken sandwich & fries	Steamed shrimp 5 Beef pot pie Broccoli slaw Creamed potatoes Lima beans Dirty rice Roasted vegetables Cauliflower bisque Egg salad sandwich & chips	Fried catfish 6 Grilled chicken tenders Steamed cabbage Boiled cajun potatoes Creamed spinach Steamed broccoli Fries Ham & cheese hoagie with fruit Chicken noodle soup	Fried pork chop 7 Chicken cordon bleu Candied yam Rice & gravy Beets Turnip greens Field peas French onion soup
Fried chicken 8 Roast beef Turnip greens Baked sweet potato Crowder peas Mashed potatoes Green beans	Chopped steak 9 Shrimp creole Fried zucchini Roasted vegetables Roasted corn Creamed spinach Mashed potatoes & gravy Broccoli cheese soup Pimento & cheese with bacon & fruit	Beef tournadoes 10 Grilled Salmon Baked sweet potato Brussel sprout Broccoli Sweet pea Corn Chicken,corn & white bean soup Chef Salad	Chicken spaghetti 11 Fried chicken livers Squash & onions Green beans Beets Rice & gravy Fried okra Tomato soup Grilled Chicken Caesar wrap with pasta	Asian grilled pork tenderloin12 Red beans with sausage & rice Sweet potato casserole Fried green beans Roasted brussel sprouts baked apples Butternut squash soup Turkey & cranberry croissant with apples	Fried catfish 13 Meatloaf Steamed cabbage Cajun potatoes Mac & cheese Turnip greens Field peas Chicken noodle soup Cheeseburger & chips	Beef tips & rice 14 Fish & chips Collard greens Rice & gravy Blackeyed peas Canned yams Steamed broccoli Vegetable soup
Fried chicken 15 Pork loin & apples Wild rice Carrot suffle Lima beans Green peas Turnip greens	Spaghetti with meatsauce 16 Chicken parmesan Creamed spinach Green beans Beets Fried squash Parmesan roasted cauliflower Tomato soup Grilled ham & cheese with chips	Smoked brisket 17 Smoked chicken Baked potato Baked beans Roasted vegetables Coleslaw Roasted corn Broccoli cheese soup Pulled pork sandwich & potato salad	Fried eggplant Sauteed shrimp 18 Chicken artichoke lasagna Brussel sprouts Turnip greens Cream corn Okra & tomatoes Fried cauliflower Chicken salad croissant & fruit Cream chicken & corn soup	Pork belly & smoked drumstick 19 Seafood crepe Roasted potatoes Northern white beans Fried okra Baked sweet potato Whole green beans French onion soup Chef salad	Fried catfish 20 Beef Stroganoff Turnip greens Fries Blackeyed peas Coleslaw Okra & tomatoes Steak & cheese pizza Vegetable soup	Chicken & waffles 21 Quiche Cheese grits Asparagus Fried green tomatoes Cauliflower Green beans Chicken noodle soup
Fried chicken 22 Pepper steak Rice & gravy Baked sweet potato Lima beans Blackeyed peas Cauliflower	Country Fried steak 23 Chicken cordon bleu Mashed potatoes Rice pilaf English peas Steamed broccoli Honey carrots Philly sub & chips Vegetable soup	Fried pork chop 24 Stuffed bell peppers Baked apples Rice & gravy Lima beans Steamed cabbage Greek fries Steak taco Salad Chicken tortilla soup	Smoked chicken 25 Pot roast Mashed potatoes & gravy Coleslaw Turnip greens Blackeyed peas Baby lima beans Potato soup Tuna salad with fruit	Thanksgiving 26 Roasted turkey Honey ham Cornbread dressing Sweet potato casserole Sweet peas Brussel sprouts Glazed carrots	Fried catfish 27 Chopped steak Cajun potatoes Turnip greens Mashed potatoes Blackeyed peas Coleslaw Hot dog Chili	Spaghetti & meatballs Chicken breast with 28 alfredo sauce & pasta Whole green beans Fried corn nuggets Sauteed spinach Italian soup
Fried chicken 29 Smothered pork chops Rice & gracy Potato salad Steamed cabbage Baked apples Speckled butter beans	Pecan baked catfish 30 Beef tips & rice Roasted potatoes Carrot suffle Lima beans Fried okra Corn Vegetable soup Chicken salad croissant with fruit					